My Prayer List:

Why I will pray for my family and friends:	Why I will pray for my church:
	Why I will pray for myself:
Ways I will pray for my world:	
	Ways God has answered my Prayers:
Ways I will pray for my community:	



HOW to PRAY

What can I pray about?

ANYTHING

God wants you to talk to Him about everything. Nothing is too big or too small.



How long should my prayer last?

You can pray for one second or for hours. God is always listening!



Should I always fold my hands?

Folding your hands and closing your eyes may help you concentrate, but you don't have to. You can talk to God while riding your bike or sitting quietly.



Should I pray aloud?

God hears you whether you pray aloud or silently. Praying aloud helps you stay focused. God hears all of your prayers no mother what!



Can I pray with my friends?

ABSOLUTELY!
Praying with your
friends will make
your faith and
your friendship
stronger.



When and where should I pray?

ANYTIME and ANYWHERE! You can always talk to God. He is always with you.



